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## CHE 1031: Learning styles assessment and test-drive

Each of us has a different learning style with strengths and weaknesses. Understanding how we learn and which studying techniques are most effective for our learning style gives us the best chance for success when tackling challenging subjects like chemistry.

### Part 1: Assessment

Take the learning style quiz offered by North Carolina State University:

<https://www.webtools.ncsu.edu/learningstyles/>

### Part 2: Try it!

Choose one of the studying methods recommended for your learning style and test-drive it for the material we're covering this week.

### Report:

- What type of learner are you?
- What study methods or techniques are recommended for this learning style?
- Have you used any of these techniques before? Did they work for you?
- Which technique are you choosing to test-drive and how do you plan to apply it?
- *How do you think it's working for you?*

***Due at next week's first recitation***